



St. Xenia Parish News

170 North Lowell Street, Methuen, MA 01844

March-April 2014

from Commentary on the Gospel of St. Luke, Homily 46 by St. Cyril of Alexandria

For what reason, O Lord, wast Thou also terrified at death? Didst Thou, being seized with fear, draw back from suffering? And yet didst Thou not teach the holy apostles to make no account of the terrors of death, saying, Fear not them which kill the body, but are not able to kill the soul (Matt. 10:28)? Moreover, if any one were to say that the grace of spiritual fortitude is Thy gift to the elect, he would not err from the truth; for all strength is from Thee, and all confidence and heartiness of mind in every more excellent encounter. Thou art by nature Life, and the cause of life. We look for Thee as a Savior and Deliverer, and the destroyer of corruption. From Thee all receive their life and being. Thou hast made every thing that breathes. The angels are for Thee, and from Thee, and by Thee, and so is the whole rational creation. Unto Thee the blessed David spake concerning us, Thou wilt send forth Thy Spirit, and they shall be created; and Thou shalt renew the face of the earth (Psalm 103:32). How, therefore, art Thou grieved, and sore distressed, and sorrowful, even unto death? For plainly Thou knewest, in that Thou art God by nature, and knowest whatsoever is about to happen, that by enduring death in the flesh Thou wouldst free from death the inhabitants of all the earth, and bring Satan unto shame — that Thou wouldst set up a trophy of victory over every evil and opposing power: that Thou wouldst be known by every one, and worshipped as the God and Creator of all. Thou knewest that Thou wouldst despoil Hades — that Thou wouldst deliver them that are therein, from bonds that had endured for many ages; that Thou wouldst turn unto Thyself all that is under heaven. These things Thou Thyself hast announced to us of old by the holy prophets. We have heard Thee clearly saying, when Thou wast like unto us, Now is the judgment of this world: now shall the prince of this world be cast out. And I, if I be lifted up from the earth, will draw all men unto Me (John 12:31-2). Amen, Amen, I say unto you, except a grain

of wheat fall into the ground and die, it abideth alone: but if it die, it bringeth forth much fruit (John 12:24).

For what reason, therefore, art Thou grieved and sore distressed? Yes, He saith, not unbefittingly am I found thus in anguish. For I know indeed that by consenting to suffer the passion upon the Cross, I shall deliver all beneath the heaven from every evil, and be the cause of unending blessings to the inhabitants of the whole earth. I am not unaware of the unloosing of death, and the abolition of physical corruption, and the overthrow of the tyranny of the devil, and the remission of sin. But nonetheless, I am grieved over Israel the firstborn, that henceforth He is not even among the servants. The portion of the Lord, and the cord of My inheritance, will be the portion of foxes (Ps. 63:10 [LXX 62:9]), as it is written.... He who had the promises is utterly stripped of My gifts: the pleasant vineyard with its rich grapes henceforth will be a desert land, a place dried up, and without water. And I will command the clouds to rain no rain upon it (Isaiah 5:6). I will take away the hedge thereof, and it shall be for a spoil; and break down the wall thereof, and it shall be trodden down (Isaiah 5:5). And tell Me then, what husbandman, when his vineyard is desert and waste, will feel no anguish for it? What shepherd would be so harsh and stern as, when his flock was perishing, to suffer nothing on its account? These are the causes of My grief; for these things I am sorrowful. For I am God, gentle, and that loveth to spare. Shall I at all desire the death of a sinner, but rather that he should turn from his evil way and live (Ezek. 18:23). Right it is, therefore, most right, that as being good and merciful, I should not only be glad at what is joyful, but also should feel sorrow at whatsoever is grievous.

But that He pitied Jerusalem, as being well aware of what was about to happen, and that it would have to endure all misery because of its crimes against Him, you may learn even from this. For He went up from

Judea to Jerusalem, and, as the Evangelist saith, He beheld the city, and wept over it, saying, if thou hadst known, even thou, at least in this thy day, the things which belong unto thy peace! but now they are hid from thine eyes (Luke 19:41-42). For as He wept over Lazarus in pity for the whole race of mankind, which had become the prey of corruption and of death; so we say that He was grieved at seeing Jerusalem all but involved in extreme miseries, and in calamities for which there was no cure.

And that we might learn what was His wish concerning Israel, He told the disciples, that He is in grief and anguish. For it would have been impossible for them to have learned what was hidden within Him, if He had not revealed by words what His feelings were.

And this too, I think it necessary to add to what has been said: that the passion of grief, or malady, as we may call it, of sore distress, cannot have reference to the divine and impassive nature of the Word; for that is impossible, inasmuch as It transcendeth all passion; but we say that the Incarnate Word willed also to submit Himself to the measure of human nature, by being supposed to suffer what belongeth to it. Since, therefore, He is said to have hungered, although He is Life and the cause of life, and the living Bread; and was weary also from a long journey, although He is the Lord of hosts; so also it is said that He was grieved, and seemed to be capable of anguish. For it would not have been fitting for Him Who emptied Himself (Phil. 2:7), and stood in the measure of human nature, to have seemed unwilling to endure human things. The Word of God the Father, therefore, is altogether free from all passion; but wisely and for the dispensation's sake He submitted Himself to the infirmities of mankind, in order that He might not seem to refuse that which the dispensation required; yea, He even yielded obedience to human custom and laws only, as I said, He did not bear anything of this in His own nature.

St. Xenia of St. Petersburg Orthodox Church is a parish of the Russian Orthodox Church Outside of Russia, under the omophorion of Met. HILARION of Eastern America & New York. The parish newsletter is published bi-monthly under the direction of the Rev. Michael Crowley. In order to ensure timely delivery to our far-flung parish, please submit all notices by the 15th of the month prior to publication to Margaret Lark at (603) 948-1619, e-mail: woolfolk3@gmail.com, or to Father Michael at frmichael@stxenia.org. Thank you.

Rector:

V. Rev. Michael Crowley
34 Elm Street
North Andover, MA 01845
(978) 204-0428

Confessions on Saturday during Vigil, on Sunday during the Hours, and by appointment

Parish Council

President: Rev. Michael Crowley	(978) 204-0428
Fr. Constantine Desrosiers	(603) 775-0320
Dcn. Alexander Doohovskoy	(978) 369-4486
Starosta: John Kekis	(978) 456-9865
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Building Expansion: Aquila Choi	(603) 560-4425
Cemetery: Natalie Pishenin	(978) 658-5564
Choir Director: Laryssa Doohovskoy	(978) 841-5960
Church School: Laryssa Doohovskoy	(978) 841-5960
Peter Danas	(978) 459-9541
Roberto Gonzalez	(978) 692-1229
Peter Reed	(781) 643-0070
Anthony Sarantakis	(978) 263-2016

Trapeza Schedule

* = strict fast

Trapeza can be whatever you would like to prepare. Some parishioners prefer to make a big lunch, but this isn't necessary, especially during the summer. As long as there is enough food for about 150 people, anything is appreciated. Donuts, fruit and pastries are as acceptable as soup and sandwiches. **Note: If you are preparing anything containing nuts or other allergens, please put a small label to that effect in front of your dish. Nut allergies are especially fatal to small children.**

March

- 2 Karen Schidlovsky, Nancy Harris (Cheese Fare)
- * 9 Katia Fredette, Natasha Kirichuk
- *16 Kot Engalichev, Lidia Lynch, Maria Crawford
- *23 Vera Sarantakis, Priscilla Choi
- *30 Josephine Kniaziuk, Mariana Haven

April

- *6 Amy McLellen, Matushka Nancy
- *13 Palm Sunday (POT LUCK)
- 20 PASCHA
- 27 Pam Reed, Carolyn Savage, Diane Mendez

Dress Code for Church: Please keep in mind that a certain standard of dress is expected in church. **Women and girls** should wear skirts or dresses (no pants!) at least knee length, blouses with a modest neckline and at least short sleeves – nothing sleeveless – and a scarf or hat on their heads. **Men and boys** should wear clothing best described as businesslike or “business casual,” **collared shirts and long trousers, no t-shirts (especially with writing on them) or shorts.** No one should wear tank tops (sometimes an issue in the summer). Remember, we should always show respect in church, both for God and for our fellow parishioners. Thank you.

Sisterhood News: The Sisterhood will collect toiletries for The Good Shepherd Center in Lawrence during Great Lent, starting on **Sunday, March 2 until Sunday, April 6**. Items like shampoos, soap, toothpaste, toothbrushes, razors, creams, feminine products, etc. will be much appreciated. Thank you!

Also, if you would like to donate flowers for the Feast of Pascha, please see Matushka Nancy.

Guest Speaker: Matushka Constantina Palmer, the author of *The Scent of Holiness*, is coming to St. Xenia as part of her American speaking tour! On Saturday, April 5, at 2:30 p.m., she will present a talk: "If You Wish, You Can Become All Flame: Learning from the Holy Mothers and Fathers of the Church." Please contact Matushka Nancy for more information.

Thank you: ...to all who put together the Parish Yolka that was held in January. Photos from the Yolka can be viewed here:
<http://www.stxenia.org/photos.html>

Thanks also to Irina Dokukina and Nicholas Kronauer for taking and sharing such great photos.

... to all who participated in the Food Drive that our parish held between December and February. On Thursday, Jan. 23, we delivered a trunk full of food to St. Martha's Food Pantry in Lawrence, MA, a ten-minute drive from St. Xenia's. We got a tour of the facilities and were very impressed with the operation and staff. It is not a government funded charity (it's Catholic) and largely depends on contributions from individuals or small groups. They serve over 1,000 families per week.

...to Laryssa Doohovskoy and all who have been working so hard to prepare for our upcoming Choir Retreat. This promises to be a truly noteworthy event in the life

Building Fund Update: As of February 2014 we have raised just over \$95,000. Thank you all of you who have pledged and also helped us to raise funds for the Building Expansion project. To complete the project, we still need to raise a considerable amount of money over the next two years (2014 - 2015). If you have not contributed would like to, please consider the holy work of God that you are blessed to participate in, and give according to your ability. Help to strengthen the New England Orthodox community. All contributions are tax deductible. Send your donation to:

St Xenia Orthodox Church
P.O. Box 147
Methuen, MA 01844-0147

You can also make an online contribution by going to our church website: www.stxenia.org and midway down the

home page you will find a "Donate" button under the heading of "Building Expansion Fundraising Drive".

<http://www.stxenia.org/buildingfundgoals.html>

Choir Rehearsals: For the period from Great Lent to Pascha will take place on March 9, 23, 30, and April 6 and 13. Please mark the above dates in your calendars.

And don't forget:

Methuen, MA: St. Xenia Church announces 2014 Lenten Choir Retreat for March 13-16

With the blessing of His Eminence, Metropolitan Hilarion, [St. Xenia Church](#) in Methuen, MA will be hosting a Lenten Choir Retreat the second weekend of Great Lent, March 13-16, 2014.

The retreat is designed for church musicians of all ages, and will be conducted in English. Together, singers and conductors will prepare the services of Soul Saturday, and the second Sunday of Great Lent (St. Gregory Palamas).

Special virtual master classes (via Skype) with Maestro Vladimir Gorbik, choir director of the Moscow Representation Church of Holy Trinity-St. Sergius Lavra, will highlight the weekend. Edifying presentations by Dr. Vladimir Morosan on "The Musical Ethos of Orthodox Lenten Services," Laryssa Doohovskoy on "Vocal Health," and Reader Robert Stauffer on "The Canon as a Musical Construct" will be given over the course of the weekend.

We will be especially blessed to have Metropolitan Hilarion with us during this weekend.

Summer School of Liturgical Music: Registration is now open for the Summer School, which will be held between July 13 and July 26 this year. The Summer School of Liturgical Music at Holy Trinity Seminary was established with the blessing of the Rector of the Seminary, Metropolitan Laurus. The full course of study consists of three summer sessions, at the end of which the graduates will be certified as church choir directors and/or readers. Academic credit is given after successful completion of the third summer. A non-certification track is offered to those seeking enrichment in the area of Russian Orthodox Music, who do not intend to become church readers or choir directors. The course load, full or partial, may be agreed upon in consultation with the school administration. Instruction is given in Russian and English. While knowledge of Russian is helpful, it is not essential for study.

For information, contact:

Rev. Andre Papkov,
1110 Prospect Lane
Des Plaines, IL 60018
Tel.(847)299-2585

musicschool@msn.com

Registration is available here:

<http://sslm.hts.edu/index.php?page=6&lng=en>

Please remember that our parish does have a scholarship available for this course, and you will also see on the site that a partial course load is available.

St. John of Damascus Church School News:

Church school classes are in full swing. Thank you to all our great teachers for a wonderful start to the school year!

Save the dates:

April 18, 2014 - Holy Friday Retreat

July 10-12, 2014 - Vacation Church School

July 27-August 3, 2014 - St. Seraphim Camp

Please remember, the church website has a page dedicated to the church school:

<http://www.stxenia.org/churchschool.html>

There you can find information about dates for our special events, pictures from past events, and curriculum guidelines broken down by age group.

Our time on Sundays is very brief. It's important that learning happen at home, too. The curriculum guideline is a great resource for home learning!

Lenten Coin Boxes: Have been distributed to the children for collecting coins for the Orthodox Christian Mission Center (O.C.M.C.). One box per family. Fr. Michael has blessed us to earmark any monies collected to go to Orthodox Missionaries in Guatemala. This is a very simple way of helping our missionary groups. Ask your children to look for coins around your house. If you would like to make a check out, you may make it payable to O.C.M.C. and in the memo line, write "Guatemala." If you collect more coins than your box holds, put the extra coins in a plastic bag. **Coin Boxes will be collected at church on Holy Friday.**

As always, any questions or concerns about the Church School or its programs may be addressed to Laryssa Doohovskoy or Fr. Michael.

All-Diaspora Youth Conference: The 13th All-Diaspora Russian Orthodox Youth Conference is scheduled to be held on June 27-July 4, 2014, in San Francisco, CA. The forum will be devoted to missionary service through charity, and will coincide with a meeting of the Council of Bishops of the Russian Orthodox Church Outside of Russia, as well as the celebration of the 20th anniversary of the canonization of St John of Shanghai and San Francisco. Although preliminary work has begun at the Synodal Youth Department in New York for the last several months, work in earnest began in San Francisco in October. Protopriest Andrei Sommer, Vice President of the Synodal Youth Department, talks about the event: The conference registration fee is \$390.00. If there are any young people over 18 years old who would like to go but

have financial needs, we can probably find some monies to help with in the parish funds. Please fill out an entire registration form for every person attending the conference and send the completed form via email to syezd2014@gmail.com. Submission deadline is March 30, 2014. Registration forms can be found at:

<http://www.synod.com/synod/vs13/envs13.html>

Among the saints of our Church are many who have achieved sainthood in the married state. Two of these are Chrysanthos and Daria, whose memory we celebrate on March 19.

Saint Chrysanthos came from a pagan family, and received a fine education. Among the books which came his way were those in which pagans discussed Christianity. But the youth wanted to read books written by Christians themselves, and finally managed to find books of the New Testament. The Holy Scripture enlightened his rational soul, and he found the presbyter Carpothoras hiding away from persecution and received holy Baptism from him. After this he began openly to preach the Gospel. The father of the youth tried every which way to sway his son from Christianity, and finally got him married off to the beauty Daria, a priestess of Pallas Athena. But Saint Chrysanthos managed to convert his wife to Christ, and the young couple by mutual agreement decided to lead celibate lives. After the death of the father they began to live in separate houses. Saint Chrysanthos gathered around him several youthful converts to Christ, and around Saint Daria gathered pious women.

Townspeople made complaint to the eparch Celerinus, that Saints Chrysanthos and Daria were preaching celibacy. Saint Chrysanthos was given over for torture to the tribune Claudius. The torments, however, were not able to shake the bravery of the young martyr, since the power of God clearly aided him. Struck by this, the tribune Claudius himself came to believe in Christ and accepted holy Baptism, together with his wife Ilaria (Hilaria) and sons Jason and Maurus, and all his household staff and soldiers.

When news of this reached the emperor Numerian, he then commanded them all to be executed. The Tribune-Martyr Claudius was drowned in the sea, and his sons and soldiers were beheaded. Christians buried the bodies of the holy martyrs in a cave not far away, and Saint Ilaria constantly went there to pray. One time they followed her and led her off for torture. The saint asked that they give her several moments for prayer, at the end of which she died. A servant buried the saint in the cave alongside her sons.

The torturers sent Saint Daria off to a house of ill repute. But there also a lion sent by God protected her. All who tried to defile the saint were knocked to the ground by the lion, but leaving them alive. The martyr preached about Christ to them and converted them to the way of salvation. Saint Chrysanthos, meanwhile, was thrown into a fetid pit, where all the vulgar of the city were wont to

through. But a Heavenly Light shone on him, and in place of the stinking pit it was filled with fragrance.

Then the emperor Numerian gave orders to give Saints Chrysanthos and Daria over into the hands of the executioners. After tortures, the martyrs were buried alive in the ground.

In a cave situated not far from the place of execution, Christians began to gather, honoring the day of the martyrdom of the saints. They celebrated Divine services and communed the Holy Mysteries. Learning of this, the pagan authorities gave orders to seal the entrance to the cave, filled with those praying. Thus in torments perished many a Christian, two of which are known of by name: the Martyrs Presbyter Diodorus and the Deacon Marianus.

Source: Menologion 3.0

We also commemorate, on April 13, the Martyr Thomaida, another of the saints who achieved her sainthood, in part, due to her marriage.

The Holy Martyress Thomaida was born into a Christian family in the city of Alexandria. In her childhood she was educated in piety and loved to read Holy Scripture. At fifteen years of age, the girl entered into marriage with a fisherman, also a Christian. The young couple lived in the household of the husband's family, where Saint Thomaida was loved for her mild and gentle disposition, and virtue and prudence.

The father-in-law of Saint Thomaida, at the prompting of the devil, was captivated by her beauty. When his son went out at night for fishing, he began seeking to lead his daughter-in-law into sin. In vain did Saint Thomaida admonish the senseless old man, reminding him about the last Judgement and about the penalty for sin. Infuriated by the steadfastness of Saint Thomaida, he thoughtlessly seized a sword and began to threaten her with death. But Saint Thomaida answered resolutely: "Even if thou cut me in two, I shall not stray from the commandments of the Lord." Overcome with passion, the father-in-law swung the sword and struck Saint Thomaida. The saint received a martyr's death for her prudence and faith in the commandments of God in the year 476.

Divine chastisement befell the murderer. He instantly became blinded and was not able to go out the door to flee. In the morning there arrived companions of the saint's husband. They opened the doors and saw the body of the saint and the blood-stained blind old man. The

murderer himself confessed his evil deed and asked to be condemned to death by execution.

During this time there arrived in Alexandria from a wilderness skete the Monk Daniel. He bid the monks of the nearby Oktodecadia monastery to take the body of the martyr to bury in the monastery cemetery. Some of the monks were perplexed, how it should be possible to bury a woman with monks. The monk Daniel answered: "This girl is a mother for me and you. She died for purity."

After a solemn funeral the Monk Daniel returned to his own skete. Soon one of the young monks began to complain to him, that fleshly passions tormented him. The monk Daniel told him to go and pray at the grave of the holy martyr Thomaida. The monk did the bidding of the elder. During the time of prayer at the grave he fell into a light sleep. Saint Thomaida then appeared to him and said: "Father, have my blessing and go in peace." Upon awakening, the monk felt at joy and peace in his soul. And after this, the fleshly struggle no longer disturbed him. Abba Daniel explained to him: "The blessing was the gift of the martyr's prudence; the ascetic deeds of purity hold such power before God."

In later times many found at the grave of Saint Thomaida both spiritual joy and release from their passions. The relics of Saint Thomaida were transferred to Constantinople to one of the women's monasteries.

Source: Menologion 3.0

DIRECTIONS TO ST. XENIA CHURCH:

From I-93 North or South take Exit 46, Routes 110 and 113 Dracut and Lawrence.

If you were travelling North on I-93, take the exit and go around the rotary and under the highway. Follow the signs and bear right off the rotary for Route 110/113 Dracut.

If you were travelling South on I-93, bear right at the bottom of the exit ramp towards Route 110/113 Dracut. Where Routes 110 and 113 split, bear right onto Route 113 towards Dracut. You will pass several cemeteries on your left, including the Polish National Catholic Cemetery. The very next gate on the left is the entrance to St. Xenia's. Please note that the church is on the left just before the Hickory Hill Golf course, so if you pass the golf course, you will have missed the church. Parking is available on church grounds.



ST. XENIA ORTHODOX CHURCH
P.O. Box 147 - Methuen, MA 01844
(phone) (978) 204-0428



MARCH 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Feb 23 (Feb 10) Sunday of the Last Judgment. Tone 2 9:30 Hours and Divine Liturgy	Feb 24 (Feb 11) HM Blaise, bp of Sebaste Fast: dairy, fish, wine, & oil	Feb 25 (Feb 12) Iveron Icon of the Theotokos Fast: dairy, fish, wine, & oil	Feb 26 (Feb 13) Ven Martinian of Caesarea Fast: dairy, fish, wine, & oil	Feb 27 (Feb 14) St. Cyril, Equal-to-the-Apostles Fast: dairy, fish, wine, & oil	Feb 28 (Feb 15) Ap Onesimus of the 70 Fast: dairy, fish, wine, & oil	1 (Feb 16) MM Pamphilus 5:30 All-Night Vigil Fast: dairy, fish, wine, & oil
2 (Feb 17) Sunday of Forgiveness. Tone 3 9:30 Hours and Divine Liturgy Fast: dairy, fish, wine, & oil	3 (Feb 18) Clean Monday St. Leo the Great, pope of Rome 6:30 Compline w/Great Canon Fast	4 (Feb 19) App Archippus and Philemon of the 70 6:30 Compline w/Great Canon Fast	5 (Feb 20) Ven Leo, bp of Catania 6:30 Compline w/Great Canon Fast	6 (Feb 21) Ven Timothy of Symbola 6:30 Compline w/Great Canon Fast	7 (Feb 22) Holy Martyrs at Eugenius Fast	8 (Feb 23) GM Theodore Tyro 5:30 All-Night Vigil Fast: wine & oil
9 (Feb 24) Triumph of Orthodoxy. Tone 4 9:30 Hours and Divine Liturgy Fast: wine & oil	10 (Feb 25) St. Tarasius, abp of Constantinople Fast	11 (Feb 26) St. Porphyrius, bp of Gaza Fast	12 (Feb 27) Ven Procopius the Confessor Fast	13 (Feb 28) Ven Basil the Confessor Choir Retreat Fast	14 (Mar 1) M Eudocia of Heliopolis Choir Retreat 6:30 Matins Fast	15 (Mar 2) St. Arsenius, bp of Tver Choir Retreat 9:30 Hours & Divine Liturgy 5:30 All-Night Vigil Fast: wine & oil
16 (Mar 3) Sunday of St. Gregory Palamas, Tone 5 9:30 Hours and Divine Liturgy w/Metropolitan HILARION Fast: wine & oil	17 (Mar 4) Ven Gerasimus of the Jordan Fast	18 (Mar 5) M Conon of Isauria Fast	19 (Mar 6) 42 MM of Ammoria Fast	20 (Mar 7) Holy HMM of Cherson Fast	21 (Mar 8) Ven Theophylactus, bp of Nicomedia Fast	22 (Mar 9) Holy Forty Martyrs of Sebaste 5:30 All-Night Vigil Fast: wine & oil
23 (Mar 10) Sunday of the Cross, Tone 6 9:30 Hours and Divine Liturgy Fast: wine & oil	24 (Mar 11) St. Sophronius, pat. of Jerusalem Fast	25 (Mar 12) Ven Theophanes the Confessor Fast	26 (Mar 13) St. Nicephorus the Confessor Fast	27 (Mar 14) Ven Benedict of Nursia Fast	28 (Mar 15) M Nicander of Egypt Fast	29 (Mar 16) M Sabinas of Hermopolis 5:30 All-Night Vigil Fast: wine & oil
30 (Mar 17) St John of the Ladder. Tone 7 9:30 Hours and Divine Liturgy Fast: wine & oil	31 (Mar 18) St. Cyril, abp of Jerusalem Fast	Apr 1 (Mar 19) MM Chrysanthus and Daria Fast	Apr 2 (Mar 20) Holy Fathers slain at the Monastery of St.Sabbas 6:30 Matins w/Great Canon Fast: wine & oil	Apr 3 (Mar 21) Ven James the Confessor Fast: wine & oil	Apr 4 (Mar 22) HM Basil, presbyter of Ancyra 6:30 Matins w/Akathist Fast	Apr 5 (Mar 23) Laudation of the Theotokos 12:30 Women's Retreat w/ Constantina Palmer 5:30 All-Night Vigil Fast: wine & oil



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APRIL 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar 30 (Mar 17) St John of the Ladder. Tone 7 9:30 Hours and Divine Liturgy Fast: wine & oil	Mar 31 (Mar 18) St. Cyril, abp of Jerusalem Fast	1 (Mar 19) MM Chrysanthus and Daria Fast	2 (Mar 20) Holy Fathers slain at the Monastery of St.Sabbas 6:30 Matins w/Great Canon Fast: wine & oil	3 (Mar 21) Ven James the Confessor Fast: wine & oil	4 (Mar 22) HM Basil, presbyter of Ancyra 6:30 Matins w/Akathist Fast	5 (Mar 23) Laudation of the Theotokos 12:30-4:00 Women's Retreat with Mat. Constantina Palmer 5:30 All-Night Vigil Fast: wine & oil
6 (Mar 24) St Mary of Egypt, Tone 8 9:30 Hours and Divine Liturgy 1:00 Vespers & Lita of Annunciation Fast: wine & oil	7 (Mar 25) ANNUNCIATION 9:00 Matins & Divine Liturgy Fast: fish, wine, & oil	8 (Mar 26) Synaxis of the Archangel Gabriel Fast: wine & oil	9 (Mar 27) St. Matrona of Thessalonica Fast	10 (Mar 28) Ven Hilarion the New, abbot of Pelecete Fast	11 (Mar 29) M Mark, bp of Arethusa Fast	12 (Mar 30) Ven John (Climacus) of Sinai 5:30 All-Night Vigil Fast: wine & oil
13 (Mar 31) PALM SUNDAY 9:30 Hours and Divine Liturgy Fast: fish, wine, & oil	14 (Apr 1) Holy Week Fast	15 (Apr 2) Holy Week Fast	16 (Apr 3) Holy Week 6:30 Matins of Holy Thursday Fast	17 (Apr 4) Holy Week 9:30 Vespersal Divine Liturgy 6:30 Matins w/12 Gospels Fast: wine & oil	18 (Apr 5) Holy Week 10:00 Royal Hours 4:30 Vespers w/Taking Down from the Cross 6:30 Matins w/Lamentations Strict Fast	19 (Apr 6) Holy Week 9:00 Vespersal Divine Liturgy 10:00 Reading of Acts of Apostles 11:30 Midnight Office, Matins, Hours & Divine Liturgy Fast: wine & oil
20 (Apr 7) PASCHA 12 Noon Agape Vespers Fast free	21 (Apr 8) Bright Monday 9:00 Matins & Divine Liturgy 12:00 Festive Trapeza and Children's Activities Fast free	22 (Apr 9) Bright Tuesday Fast free	23 (Apr 10) Bright Wednesday Fast free	24 (Apr 11) Bright Thursday Fast free	25 (Apr 12) Bright Friday Fast free	26 (Apr 13) Bright Saturday 5:30 All-Night Vigil Fast free
27 (Apr 14) Antipascha, Thomas Sunday 9:30 Hours and Divine Liturgy 12:30 Prayers in Cemetery	28 (Apr 15) App Aristarchus, Pudens, and Trophimus of the 70	29 (Apr 16) Radonitsa VMM Agape, Irene, and Chionia	30 (Apr 17) HM Simeon, bp in Persia Fast: wine & oil	May 1 (Apr 18)	May 2 (Apr 19) Fast	May 3 (Apr 20) 5:30 All-Night Vigil